

PALM HARBOR RECREATION 771-6000

Palm Harbor Recreation CONDITIONING CAMP



Session I: July 13th – 16th

Session II: July 20th - 23rd

MONDAY - THURSDAY

AGES: 7 -15

TIME: 6:00 PM- 7:30 PM

AT: Sunderman Complex

COST: \$25.00 per session

\$40.00 for both sessions

Including T-shirt

The camp instructors will be local football and conditioning coaches in the Palm Harbor area. The coaches have many years of experience working with youth from teams to individuals. This will be the best local conditioning camp for young adults.

EACH CAMPER SHOULD BRING DAILY:

Towels and Water Bottle

Cleats and Tennis Shoes

**It Starts
in Parks**SM

