

The Martial Arts Network

Master Tiffany Barbee-Webster

5th Degree Black Belt

Internationally Recognized & Certified Instructor

World Class Training in a Fun & Exciting Environment

Benefits Include:

** Get Fit * Lose Weight * Boost Confidence **

**Meet Friends * De-Stress * Realistic Self Defense **

** Earn Belts * Top Quality Competition Training **

*These exciting classes are suitable for men, women and children
of all ages regardless of previous experience or ability.*

Little Leaders Martial Arts (Ages 3-5)

Wednesdays 5:30-6:00p.m

TaeKwon-Do Classes (Ages 6 & Up)

Mondays & Wednesdays 6:00-6:45p.m

Kickboxing Classes (Ages 12 & Up)

Mondays & Wednesdays 7:00-7:45p.m

TOP QUALITY instruction from a 5th Degree International Instructor

for only \$55 Monthly Members/\$60 Monthly Non-Members

Only \$30 Monthly For Little Leaders Program

FIRST CLASS FREE!!!

Call The Palm Harbor CommunityActivity Center 727 771-6000

or Master Tiffany 727 623-2560 to sign up or for more info.