

Taoist Tai Chi

The Grand Ultimate
art of dual cultivation
of body and mind.



Tuesday's and Thursday's – Continuation 4pm – 5:30pm

Beginners 5:30pm – 7:00pm

Saturday's – Continuation 8:30am – 10am

Beginners 10:30am – 12:00pm

By Robin & Kathy

Fee: \$28.00 for members

\$40.00 for non-members

The Palm Harbor Community Activity Center
1500 16th Street, Palm Harbor 727-771-6000